



WMRA Mountain Running WORLD CUP 2019 (21st edition)



Regulations (5. February 2019)

1. GENERAL

- 1.1. WMRA stages an annual **WMRA WORLD CUP**.
- 1.2. The full name of competition is “**WMRA Mountain Running WORLD CUP YYYY**” (**Mountain Running WORLD CUP**), and hereafter, called ‘**WORLD CUP**.’ The name of any **WORLD CUP** title sponsor may also be included at the discretion of the WMRA.
- 1.3. The race organiser for each of the individual races may be also referred to hereafter as ‘organiser’ or the ‘LOC’
- 1.4. WMRA Council are responsible for the organisation, regulations and application process for the **WORLD CUP**. Updated documents and results will be published on the WMRA website.
- 1.5. The **WORLD CUP** is for individuals, men and women only. There are no team or age-related competitions.

2. MEMBERSHIP, SELECTION CRITERIA AND PROCEDURE

- 2.1. Recognised and well organised international mountain running races are invited to submit applications to be part of the **WORLD CUP**.
- 2.2. To be considered for inclusion into the **WORLD CUP** the organiser must be able to demonstrate that the race is or will be at a suitable level of quality. They can demonstrate this by showing the level of media interest and/or quality of athletes and/or number of participating nations that are present in the top 25 finishing positions (if an existing race).
- 2.3. Participating races automatically become “WMRA Permit” and “IAAF Permit” races on payment of the IAAF Permit fee (see 7.7).
- 2.4. Participating races must fully accept the **WORLD CUP** and IAAF Permit Regulations and must be organised in accordance to the national rules for international sport events including medical service, insurance and doping control.
- 2.5. Participating races must be sanctioned by their National Athletic Federations.
- 2.6. Applications for inclusion in the **WORLD CUP** must be sent to the WMRA secretary by 15th December in the preceding year, using the official application form (appendix 1), unless otherwise permitted.
- 2.7. A contract between WMRA, the selected **WORLD CUP** race LOC’s and their National Federations will be signed when selection is confirmed (appendix 2).
- 2.8. Applications will be considered, and the race schedule selected by the WMRA Council as soon as practicably possible after the closing of applications. All bidding races will be notified of the result.
- 2.9. The races selected will be a mix of uphill only and up/down. A variety of different distances, types of terrain will be included to be decided by the WMRA Council according to bids received.
- 2.10. Courses must be safe and well-marked, so that all the participants have equal conditions.
- 2.11. Consideration will be given to races where the Organiser takes care for the environment when planning the course and that they remove all the debris from the course after the race. Consideration will also be made for the impact of their race to limit the amount of material that will be discarded. Consideration should be made to use recyclable and recycled materials in race numbers, advertising, race packs, refreshment areas etc.
- 2.12. Races should demonstrate adequate levels of capability on race management, promotion and demonstrate adequate responsibility for the comfort and safety of all participants.
- 2.13. The WMRA will endeavour to include race variety in the **WORLD CUP** by bringing in at least one new race to those selected from the previous year.

2.14. The WMRA will give priority to the principle of having one race per country, as well as one event outside Europe when possible but will not be limited by this.

3. FINAL PRIZEGIVING CEREMONY

3.1. The final prize giving ceremony for the overall **WORLD CUP** result will be held at the last **WORLD CUP** race of the series. The LOC should organize a suitable ceremony using the standardised protocol (appendix 3) and bear the costs of the ceremony.

3.2. The best placed women and men will receive money prizes as stated in the **WORLD CUP** Rules. In addition, those in first places in the women's and men's competition will receive special WMRA awards.

3.3. Runners who are not present at the prize-giving ceremony must contact WMRA to receive their prize money. Any person who is authorised in writing by an absent prize winner may collect the prize money on his/her behalf. Any expenses connected with sending the money by other means will be deducted from the prize money. The runner who does not contact WMRA at latest by 1st Dec in the current year renounces the prize.

3.4. Final **WORLD CUP** prize money will be paid only after the results of all Doping Controls held at any of the races. If these results are not available before the 1st Dec. (prize money deadline), special allowance will be made by the WMRA for this to allow athletes to receive prizes.

4. SANCTIONS

4.1. Organisers who do not observe the **WORLD CUP** Rules and Regulations are liable to be omitted from future **WORLD CUP** series for up to three years.

5. RULES 2019

5.1. There will be **7** races in the **WORLD CUP 2019**.

5.2. The overall **WORLD CUP** result will be calculated from athletes' best **6** results from the **7** races and prizes will be awarded according to this result.

5.3. An athlete must score in at least two races to be included in the final results.

5.4. If athletes have the same number of points, their final position will be determined by reference to their highest race positions. Therefore, athletes with equal points, but one has a 1st position and the other has not, the athlete with the 1st position takes priority. If both have a first position, the next superior position is compared and so until a priority is obtained. If this method does not resolve the final positions, the prize money for the final positions will be added together and divided by the number of athletes involved.

5.5. The points awarded for each race will be as follows (the same for men and women):

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------|-----|----|----|----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Place: | 1. | 2. | 3. | 4. | 5. | 6. | 7. | 8. | 9. | 10. | 11. | 12. | 13. | 14. | 15. | 16. | 17. | 18. | 19. | 20. | 21. | 22. | 23. | 24. | 25. |
| Points: | 100 | 90 | 85 | 80 | 75 | 70 | 65 | 60 | 55 | 50 | 45 | 40 | 35 | 30 | 25 | 20 | 15 | 10 | 5 | 4 | 1 | 1 | 1 | 1 | 1 |

- **Bonus Final Race:** Racing at the **WORLD CUP** Final gives each scoring athlete a **10** points bonus to add to their final score.
- **Bonus Participation:** Athletes who participate in all races will have **50** points bonus to add to their final score.

5.6. There could be anti-doping testing at any of the World Cup events that will be decided in advance and communicated to the LOC in order for the LOC to notify the National Anti-Doping agency and arrange for the implementation of testing. On receiving this communication the LOC will then be responsible for providing all necessary details as outlined in 7.14 and 7.15.

6. WMRA RESPONSIBILITIES

6.1. The total final prize fund will be **11.200 EUR** and is provided by the WMRA.

6.2. Prize money will be distributed as follows, same for women and men:

| | | | | | | | | | | |
|--------|------|------|-----|-----|-----|-----|-----|-----|-----|-----|
| Place: | 1. | 2. | 3. | 4. | 5. | 6. | 7. | 8. | 9. | 10. |
| EUR: | 1200 | 1000 | 800 | 600 | 500 | 400 | 350 | 300 | 250 | 200 |

- 6.3. Race events will be entitled to have the WMRA and IAAF permit logos included on their publicity / race numbers for the event.
- 6.4. WMRA will publish the **WORLD CUP** Calendar and include a link to the race event as well as race related content and news on the WMRA / IAAF media channels.
- 6.5. Race events will be entitled to use without cost WMRA created media and shared media content as long as acknowledgements and photo credits are published.
- 6.6. The WMRA will provide at no cost to the LOC a dedicated media team of people to work together with the organisation during the event to create media content for the event.
- 6.7. The participating race will automatically be entered into the WMRA Mountain World Ranking without further cost for the year of **WORLD CUP** participation.

7. RACE ORGANISERS RESPONSIBILITIES

- 7.1. To take out and maintain adequate third-party liability insurance for the event.
- 7.2. Each race organiser must offer as a minimum
 - free entry and full board accommodation for at least one night for the athletes (at least two nights for runners who require air travel):
 - who finished the 2018 **WORLD CUP** on the top 10 positions (Appendix 4),
 - the best 10 athletes women/men in the current World Ranking (as of 90 days before the competition, updated information available on WMRA web page),
 - the Senior men/women's winners from the previous year's World Mountain Running Championships. (Appendix 4)
 - A travel subsidy for the top 4 ranked athletes women/men from the World Ranking (as of 90 days before the competition) of at least 100 euro.
- 7.3. Each race organizer / race / shall open its own web page with all the important information at least 6 months before the date of the race /Content: appendix 5/. It should be in the local plus at least English language. A link to the WMRA web page shall be included as well as the WMRA / **WORLD CUP** and IAAF Permit logos on the web page.
- 7.4. All branding and advertising material using the WMRA / **WORLD CUP** / IAAF permit logos must be approved by and agreed between all parties prior to use.
- 7.5. Race organizers shall provide equal prizes /prize money/ for men and women. This prize money should be paid to a minimum of first 3 runners (men & women) with a minimum amount of 2500 euro distributed.
- 7.6. Any prize money can only be paid to a runner selected for a doping control after the negative results of that doping control.
- 7.7. Each **WORLD CUP** event Organiser will pay **1700 EUR** as the **WORLD CUP** entry fee (this fee also includes the IAAF Permit fee). The fee must be paid within one month after receipt of the invoice from the WMRA.
- 7.8. All additional race related expenses are at the cost of the race organisers.
- 7.9. Race organisers will mention the WMRA **WORLD CUP** in news articles and Social Media posts in the build-up to the race day.
- 7.10. Race organisers will provide the rights for the WMRA to use, free of charge, video material, photos and journalistic content created during the event in order to help promote their race as a part of the **WORLD CUP** series.
- 7.11. WMRA provided banners and / or advertising material will be displayed in prominent and agreed locations including but not limited to start / finish gantry structures. Alternative LOC provided WMRA **WORLD CUP** branding may be used but this must be approved in advance. Items not returned to the WMRA following the event will incur a fee.
- 7.12. If a WMRA **WORLD CUP** series sponsor is a direct competitor to the race event sponsor a compromise agreement between the LOC and WMRA must be made in advance of the event. Where there is no direct competing race event sponsor the overall **WORLD CUP** series sponsor must be displayed as in 7.11.

- 7.13. Participating races will be responsible for hosting at least one WMRA Council member & four WMRA media team members during the event.
- 7.14. When necessary, a suitable room(s)/facilities for the anti-doping procedures to take place. The LOC will provide the required number of chaperones as well as arrange for the presence of certified testers via their National Anti-doping agency.
- 7.15. The cost of analysis for the doping control will be paid in full by the WMRA, but the LOC will be responsible for the costs of collection and transport of these samples and for liaising with their National Anti-doping agency.
- 7.16. Race results will be emailed to the WMRA within 24 hours of the race finish in an agreed excel database format with the official timer/race event LOC. See appendix 6.
- 7.17. Race results shall be available on line via the event's web page within 24 hours of the event.
- 7.18. The LOC will agree to co-operate with the WMRA to allow reasonable related e-news items to be sent to their race contacts database.

Appendixes:

- Appendix 1: World Cup Application form
- Appendix 2: World Cup Contract
- Appendix 3: Prize giving ceremony – protocol
- Appendix 4: World Cup 2018 results (top ten M/W); World Championships 2018 winners M/W
- Appendix 5: Web page / Event Information Guidelines
- Appendix 6: Results Formatting
- Appendix 7: World Cup 2019 Calendar with Race Contact Information

Note: X – any changes from the previous edition are signed yellow