

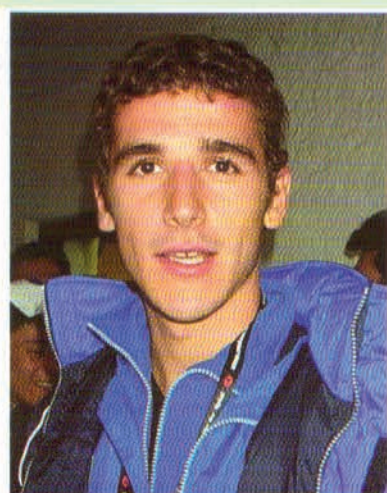


WORLD MOUNTAIN RUNNING ASSOCIATION NEWSLETTER 2003



ISSUE No. 8

March 2003



WORLD CHAMPIONS 2002

(Top Left) World Champion
Jonathan Wyatt (New Zealand)
H. Brindl

(Top Right) World Champion
Svetlana Demidenko (Russia)
T. Sarf

(Bottom Right) Victoria Ivanova
(Russia) Junior Champion
H. Brindl

(Bottom Left) Stefano Scaini
(Italy) Junior Champion
T. Sarf

Editorial

Looking back on 2002, the sport of mountain running enjoyed yet another year of progress. It was marked by the first official European Athletic Association Championships, by an exciting Grand Prix race series, by the newly developing Masters World Championship and by a record number of countries attending the World Trophy in the beautiful city of Innsbruck and the surrounding mountains. The year was capped by an IAF seminar that reasserted the full integration of mountain running into the traditional family of Athletics.

Looking forward to 2003, some of the obstacles that resulted in two mountain running Grand Prix series for the past two years have been overcome, and the desire on the part of athletes for a unified Grand Prix has been achieved. We anticipate well organised major events in Trento (Italy) for the European championships, an exciting venue in Alaska for the World Trophy, and a visit to the beautiful Black Forest region of Germany for the Masters Championships.

Looking beyond 2003, at the time of writing, we await bids for the 2004 and 2005 European Championships, for the 2005 World Trophy and Masters World Championships. The 2004 Venue of Sauze d'Oulx (Italy) for both the World Trophy and Masters on successive weekends follows the pattern in Innsbruck last year and may well be a formula to follow in the future.

In this 8th edition of the newsletter I am indebted to those who have provided photographs, especially Tomo Sarf and Herbert Brindl. Any photographs without acknowledgement were probably taken by myself.

Danny Hughes (President WMRA)



WMRA Council meeting at IAAF Headquarters in January. From left: Nancy Hobbs, Raimondo Balicco, Tomo Sarf, Danny Hughes, Bruno Gozzelino, Pierre Weiss (IAAF) Carlos Cardoso (IAAF), Otto Klappert (IAAF), Roland Herzog.

A Message from the International Association of Athletic Federations (IAAF)

It gives me great pleasure to write this brief message for the latest edition of the WMRA newsletter.

As I write these lines, the continued co-operation between IAAF and the WMRA is being underlined by the fact that a booklet - summarising the proceedings of the first Seminar in Mountain Running that was organised at the end of last year in Innsbruck - will be printed in the coming weeks. I think the very title of this Seminar - "Mountain Running as a Branch of Athletics" sums up our relationship. Thanks to the friendly relationship we enjoy with Danny Hughes and the rest of the WMRA team, the IAAF is able to continue its active support with the knowledge that mountain running is a well-run, thriving branch of athletics, with increasing numbers of participants in every corner of the world.



*Lamine Diack
IAAF President*

Although 2003 will be an extremely busy time for the IAAF - with a World Indoor Championships in Birmingham and the outdoor World Championships in Paris in August - we still look forward to working closely with the WMRA and supporting the organisation in every way possible.

WMRA COUNCIL

PRESIDENT

Danny Hughes
Hallsteads
Gosforth
Cumbria CA20 1BJ
England
Tel/Fax +44 19467 25366
e-mail: dannyhughes1@aol.com

SECRETARY

Bruno Gozzelino
Via Susa 23
I-10138 Torino
Italy
Tel (home) +39 011 855914
Tel/Fax (office) +39 011 4343372
e-mail: bgozzel@libero.it

TREASURER

Nancy Hobbs
PO Box 9454
Colorado Springs
CO 80932
USA
Tel +1719-573-4405
Fax +1719-573-4408
e-mail: Trlrunner@aol.com

ORGANISATION DIRECTOR

Raimondo Balicco
via Div.Acqui 5
I-24011 Alme, Bergamo
Italy
Tel +39 35 545293
e-mail: balicco.rai@tin.it

COMPETITION DIRECTOR

Wolfgang Muenzel
Schippacherstr 6
D- 63906 Erlenbach
Germany
Tel +49 9372 71426
Fax +49 9372 5610
e-mail: Petra-Muenzel@t-online.de

DEVELOPMENT DIRECTOR

Tomo Sarf
Nedohova 6
1210 Ljubljana-Sentvid
Slovenia
Tel +386 41 785859
e-mail: tomo.sarf@helios.si

MARKETING DIRECTOR

Roland Herzog
Roterstr. 45 / Haus 6
A - 1160 Wien.
Austria
Tel +43 676 485.49.43
Fax +43-1-485.41.50
e-mail: roland_herzog@aon.at

WMRA WEB SITE

(Courtesy of European Athletic Association):

www.wmra.info

THE WMRA ACCOUNT

Our account details, held in US\$, is as follows:

Wells Fargo Bank
5710 Constitution avenue
Colorado Springs
CO 80915
USA

Routing number 102000076
Account number 1013312721

Note: add \$12 to your bill to cover all wire transfers.

WMRA NEWS

INTERNATIONAL ATHLETIC FOUNDATION (IAF) SEMINAR

'MOUNTAIN RUNNING AS A BRANCH OF ATHLETICS'



Pierre Weiss

On September 16th 2002, one day after completion of the World Trophy, a seminar took place in Innsbruck (Austria) which sought to demonstrate that our sport belongs, both actively and administratively, to the traditional athletic family. It was attended by 22 delegates from 16 countries and the VB lecturers included members of the WMRA council. The seminar was chaired by Pierre Weiss on behalf of the IAF. A

booklet covering the proceedings has been produced and will be issued by the IAF at about the same time as this newsletter (March 2003). It will receive wide distribution and will be of particular interest to administrators who wish to promote international mountain running. Further copies may be obtained by application to the IAF office (the same as the IAAF office) in Monaco.



Seminar Delegates take some fresh air

WMRA WEB PAGE

www.wmra.info

In the modern world of communication technology it is now unheard of for any organisation to be without its web page. WMRA are privileged to receive the help of the EAA and their communications manager Nick Russi in the compilation of our web page and regular updating. The cost to WMRA has been kept to a minimum thanks to EAA assistance. Regular news

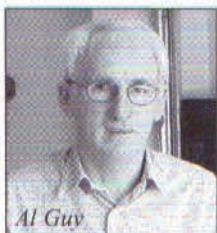


Nick Russi EAA Media & Internet Manager

items are published and there exists an excellent means of keeping yourself informed by registering your address. In this way you will be alerted to any changes on the web page without having to continually visit it to see if you have missed anything. Registration carries no cost and no implications for 'Spam' mail. Besides news, the page publishes the WMRA constitution, rules, results, photographs, calendar, statistics, and links relevant to our activities and events.

WMRA NEWS

EAA MOUNTAIN RUNNING COMMISSION



Al Guy

The European Athletic Association, having introduced a mountain running championship into their programme, have created a 'Commission' to advise the council on matters pertaining to mountain running. Al Guy (EAA council member from Ireland) is the chairman of the commission. Erika Strasser (EAA council member from Austria) and a long time champion of mountain runners in the higher administrative echelons of athletics, is also a member. WMRA council members, Danny Hughes, Bruno Gozzelino, Tomo Sarf and Wolfgang Muenzel make up the remainder of the 6 member commission.

2002 WMRA CONGRESS - INNSBRUCK (AUSTRIA)

The annual congress of WMRA was attended by delegates from 30 countries (a further 5 countries with athletes competing in the World Trophy did not send delegates)

Apart from the formal business of receiving and approving various reports, the congress voted on several proposals.

It was agreed to modify the parameters of the World Trophy distances and heights. These slight changes bring the WMRA parameters into line with the EAA championship parameters. A proposal to place a lower limit on the age of juniors was defeated.

The World Trophy rules were also modified slightly to improve the bidding procedure.

The up to date World Trophy rules and constitution can be seen by visiting the WMRA web page.

Congress awarded the 2004 World Trophy to Italy and it will be staged in the winter Olympic town of Sauze d'Oulx.



'World Trophy (2004) contract signed by Danny Hughes and Roberto Faure (Mayor of Sauze d'Oulx). Back Row: Raimondo Balicco (FIDAL), Bruno Gozzelino (WMRA) Adriano Aschieris (Atletico Susa). Front Row: Geatano Della Pria (FIDAL), Danny Hughes, Roberto Faure'

WMRA NEWS

Further increase in IAAF financial support for 2003 Trophy in Alaska

For 2003, the IAAF have DOUBLED the level of financial support being made available to enable athletes to reach the remote destination of Alaska for the World Mountain Running Trophy.

\$40,000 will be distributed evenly between all competing athletes at a rate of \$200 each. Responding to this generous and encouraging grant, the WMRA council have added, from their tight financial resources, a further \$50 per athlete making the total level of support \$250/athlete. It is hoped that national athletic federations, who we know also have tight financial resources, will also find means of supporting their mountain running athletes in travelling to the competition.

2003 WMRA Grand Prix (GP) Series.

Following the situation in 2001 and 2002 when the WMRA GP and a 'Berglauf' GP were run in parallel, protracted discussions have taken place between WMRA (Wolfgang Muenzel) and the Berglauf GP race organisers. Whilst there are some contentious issues still to be resolved, sufficient agreement was reached (using the track & field GP experience of Hansjorg Wirz) to enable a single unified GP to take place in 2003. Our research amongst leading athletes indicated that a single GP was their preference. WMRA have therefore set up a GP working group consisting of the current GP organisers and WMRA representatives whose responsibility will be to set the GP rules and select future GP races, both for the approval of the WMRA council.

Wyatt plans for 2003



World mountain running champion, Jonathon Wyatt (NZL), is aiming to run an Olympic qualifying time in a marathon this year. He will run a spring marathon but has yet to decide between Rotterdam or an event in USA, or Japan. Plans for mountain running are on hold until his performance in the marathon is known. Failure to reach a qualifying standard in his first race may mean a second attempt later in the year.

1st EUROPEAN MOUNTAIN RUNNING CHAMPIONSHIPS

CAMARA DE LOBOS - MADEIRA - PORTUGAL, 7TH JULY 2002

RESULTS

Men											
1	Alexis Gex-Fabry	SUI	56.37	44	Robert Rolko	SVK	65.00	9	Vittoria Salvini	ITA	44.09
2	Marco de Gasperi	ITA	56.55	45	Lubos Kovacic	SVK	65.17	10	Lucinda Moreiras	POR	44.17
3	Abdulkadir Turk	TUR	57.52	46	Bostjan Hrovat	SLO	65.31	11	Ludmila Melicherova	SVK	44.44
4	Emanuele Manzi	ITA	58.00	47	Benjamin Barbier	BEL	65.32	12	Cornelia Heinzle	AUT	45.04
5	Marco Gaiardo	ITA	58.45	48	Stephan Holzer	SUI	66.07	13	Pavla Matyasova	CZE	45.06
6	Florian Heinzle	AUT	59.15	49	Klaue-Jan Holstra	NED	66.35	14	Asha Tonolini	ITA	45.13
7	Markus Kroll	AUT	59.45	50	Jesus Castello	ESP	66.47	15	Tina Hizar	SLO	45.16
8	Alexander Rieder	AUT	59.47	51	Gian Luigi Macina	SMR	67.03	16	Tina Walter	GER	45.30
9	Paulo Goncalves	POR	59.54	52	Brian Ervine	IRE	67.10	17	Ellen Schoner	GER	45.38
10	Lucio Fragona	ITA	60.00	53	Joao Valente	POR	67.52	18	Romy Lindner	GER	46.04
11	Markus Jenne	GER	60.04	54	Andrzej Dlugosz	POL	69.24	19	Collete Borcard	SUI	46.14
12	Petr Vymazai	CZE	60.23	55	George Lomergan	IRE	69.34	20	Sabine Froment	BEL	46.18
13	Franck Leilut	FRA	60.26	56	Matteo Zaffarani	SMR	70.11	21	Rowan Smith	GBR	46.27
14	Jiri Zak	CZE	60.27	57	Mike Boulstridge	GBR	72.34	22	Silvia Olejarova	SVK	46.36
15	Gilles Roux	FRA	60.47	58	Stefano Ridolfi	SMR	81.25	23	Masibe Onat	TUR	47.04
16	Cristofol Castaner	ESP	60.50	59	Peter Fallenius	SWE	81.52	24	Natalie White	GBR	47.09
17	Victor Lopez	ESP	60.52	60	Viatcheslav Buslaev	RUS	81.53	25	Pavla Rozkovicova	CZE	47.22
18	Loao Serralheiro	POR	60.54	Men Teams				26	Patricia Sloan	IRE	47.40
19	Raymond Fontaine	FRA	60.56	1	Italy	2,4,5	11	27	Marion Kapuscinski	AUT	48.34
20	Pedro Rodrigues	POR	61.11	2	Austria	6,7,8	21	28	Louise Sharpe	GBR	48.45
21	Georges Volery	SUI	61.18	3	France	13,15,19	47	29	Mateja Sustarcic	SLO	49.05
22	Pascal Michiels	BEL	61.22	4	Portugal	9,18,20	47	30	Alena Briedova	SVK	49.38
23	Alan Bowness	GBR	61.26	5	Switzerland	1,21,25	47	31	Lurdes Monteiro	POR	50.01
24	Zden Zoubek	CZE	61.34	6	Czech.R.	12,14,24	50	32	Barbara Kuncova	CZE	50.21
25	Jerome Krayenbuhl	SUI	61.42	7	Spain	16,17,37	70	33	Irina Mojarova	RUS	50.41
26	Robin Bryson	IRE	61.48	8	Gt Britain	23,27,30	80	34	Jasmina Pitamic	SLO	50.44
27	Simon Bailey	GBR	61.59	9	Belgium	22,29,31	82	35	Karoline Kafer	AUT	51.04
28	Giles Segris	FRA	62.03	10	Germany	11,38,43	92	36	Shilleer O'Kane	IRE	52.47
29	Rik Ceulemans	BEL	62.05	11	Slovenia	33,35,36	104	37	Monica Moreiras	POR	53.31
30	Tim Davies	GBR	62.09	12	Slovakia	32,41,44	117	38	Hazel McCausland	IRE	57.48
31	Raphael Vankerom	BEL	62.02	13	Ireland	26,52,55	133	39	Evelien Landuyt	BEL	60.09
32	Marcel Matanin	SVK	62.19	14	San Marino	51,56,58	165	Women Teams			
33	Bostjan Novak	SLO	62.37	Women				1	Italy	6,7,9	22
34	Evert Gielen	NED	62.52	1	Svetlana Demidenko	RUS	39.59	2	Czech R.	3,13,25	41
35	Joze Ceh	SLO	63.04	2	Catherine Lallemand	BEL	41.05	3	Gt Britain	5,21,24	50
36	Igor Salamun	SLO	63.06	3	Anno Pichrtova	CZE	42.01	4	Germany	16,17,18	51
37	Fernando Garcia	ESP	63.10	4	Izabela Zatorska	POL	42.11	5	Slovenia	8,15,29	52
38	Frank Turk	GER	63.21	5	Angela Mudge	GBR	42.23	6	Belgium	2,20,39	61
39	Ales Dedek	CZE	63.50	6	Valentina Belotti	ITA	42.47	7	Slovakia	11,22,30	63
40	Tomasz Klisz	POL	63.55	7	Romina Sedoni	ITA	43.45	8	Austria	12,27,35	74
41	Michal Malak	SVK	64.08	8	Ines Hizar	SLO	43.49	9	Portugal	10,31,37	78
42	Helmut Schmuck	AUT	64.23					10	Ireland	26,36,38	100
43	Christoph Fuhrbach	GER	64.59								

2nd European Mountain Running Championships



A web page containing all details of the championship arrangements can be seen via the WMRA or EAA web pages, otherwise details can be posted by application to the LOC secretary at;

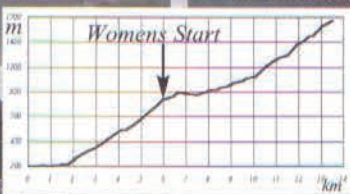
Via Sale, 25 - Loc.Provo - 38050 Trento - Italy



The EAA are pleased to announce that each European country will be offered travel assistance for one male and one female athlete taking part in the championships. The LOC provide full board from Friday until Monday morning free of charge.



Local Organising Committee



2nd EUROPEAN MOUNTAIN RUNNING CHAMPIONSHIPS

Trento - Monte Bondone (Italy)

6th July 2003

Bulletin n.1 - December 2002

*Memories of 2002 European Championships
'Studies in descending techniques'*



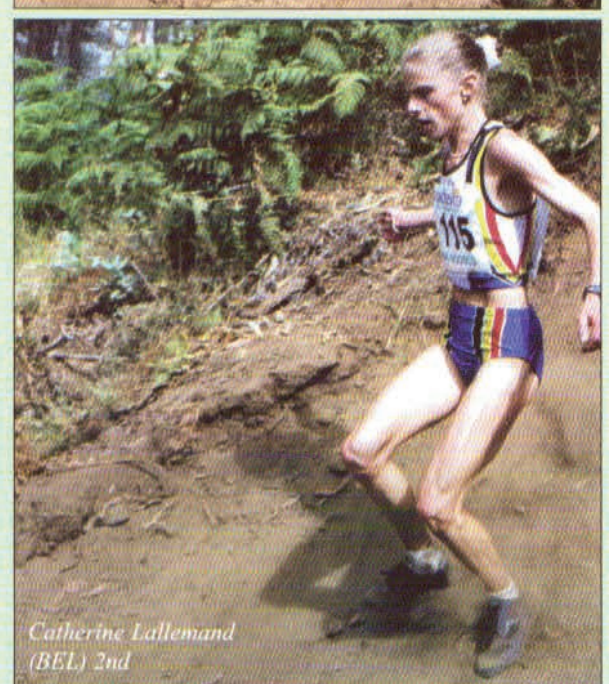
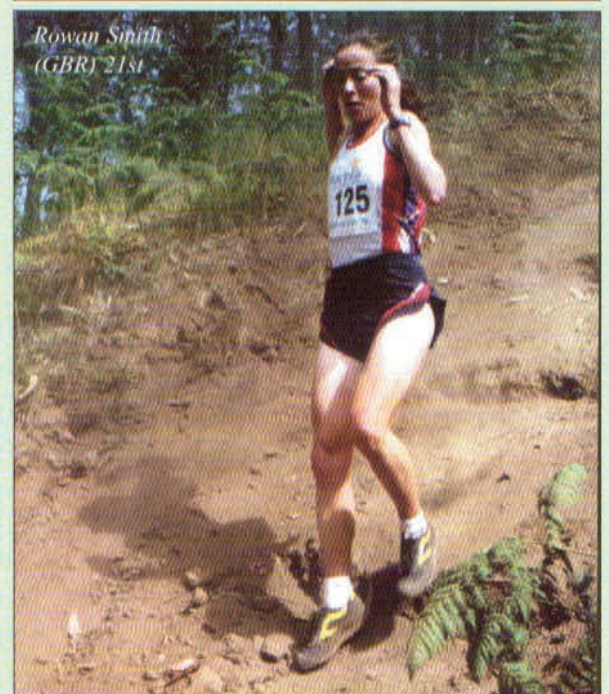
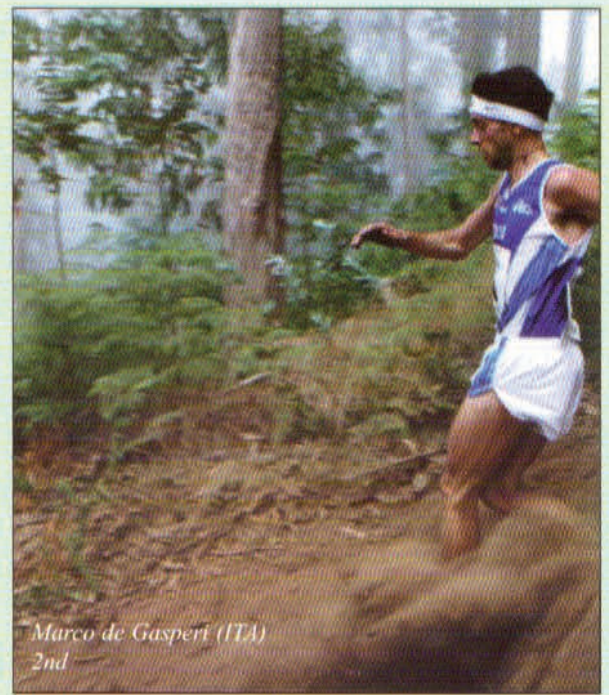
Alex Gex-Fabry
(SUI), Gold
Medalist



Svetlana Demidenko (RUS)
Gold Medalist



Catherine Lallemand (BEL 2nd), Tina Hizar (SLO 15th), Svetlana Demidenko (RUS 1st), Ines Hizar (SLO 8th)



2002 WORLD MOUNTAIN RUNNING TROPHY

INNSBRUCK (AUSTRIA)

SENIOR MEN

1.	Wyatt Jonathan	NZL	56.31
2.	Fontaine Raymond	FRA	60.05
3.	Sanchez Ranulfo	MEX	60.12
4.	Cox Martin	ENG	60.14
5.	Gaiardo Marco	ITA	60.18
6.	Vanko Miroslav	SVK	60.34
7.	Matanin Marcel	SVK	60.35
8.	Molinari Antonio	ITA	60.55
9.	De Gasperi Marco	ITA	61.03
10.	Richard Sylvain	FRA	61.07
11.	Heinzle Florian	AUT	61.09
12.	Faschingbauer Pavel	CZE	61.21
13.	Stefko Robert	SVK	61.34
14.	Brown John	ENG	61.39
15.	Manzi Emanuele	ITA	61.46
16.	Crake Paul	AUS	61.47
17.	Schlessl Helmut	GER	61.49
18.	Gex-Fabry Alexis	SUI	61.50
19.	Wagner Eckhart	GER	62.04
20.	Mejia Ricardo	MEX	62.09
21.	Schmuck Helmut	AUT	62.24
22.	Turk Abdulkadir	TUR	62.31
23.	Kroll Markus	AUT	62.40
24.	Dupont Jean-Christophe	FRA	62.56
25.	Burrier Edouard	FRA	63.07
26.	Jenne Markus	GER	63.13
27.	Rodriguez Pedro	POR	63.26
28.	Havlicek Jan	CZE	63.29
29.	Batory Ivan	SVK	63.34
30.	Gregor Thomas	GER	63.43
31.	Johl Karl	SUI	63.47
32.	Low Paul	USA	63.48
33.	Fontaine Guillaume	FRA	63.49
34.	Serralheiro Joao	POR	63.54
35.	Bajcicak Martin	SVK	63.56
36.	Milesi Davide	ITA	64.00
37.	Bryson Robin	IRE	64.03
38.	Vitek Miroslav	CZE	64.05
39.	Quinn Robert	SCO	64.07
40.	Bardsley Benjamin	ENG	64.10
41.	Rieder Alexander	AUT	64.12
42.	Osmond David	AUS	64.15
43.	Rinaldi Alessio	ITA	64.19
44.	Stark Robert	ITA	64.22
45.	Altinok Muammer	TUR	64.29
46.	Salamun Igor	SLO	64.43
47.	Jebb Robb	ENG	64.43
48.	Bouldstridge Michael	ENG	64.44
49.	Castaner Cristofol	ESP	64.46
50.	Reitberger Rudolf	AUT	64.47
51.	Volery Georges	SUI	64.51
52.	Harland Callum	NZL	64.57
53.	Zawierucha Jerzy	POL	64.58
54.	Duncan Jonathan	ENG	64.59
55.	Ceulemans Rik	BEL	65.04
56.	Bilberger Andreas	GER	65.12
57.	Snowdon Alastair	NZL	65.17
58.	Vymazal Petr	CZE	65.21
59.	Goncalves Paulo	POR	65.25
60.	Dessaux-Chin Russel	AUS	65.31
61.	Cura Munir	TUR	65.35
62.	Holzer Stephan	SUI	65.44
63.	Ceh Joze	SLO	66.03
64.	Horak Ondrej	CZE	66.07
65.	Gielen Evert	NED	66.14
66.	Costa Cesar	POR	66.21
67.	Ancay Tarcis	SUI	66.24
68.	Shelley Richard	USA	66.33



69.	Davies Tim	WAL	66.40
70.	Donnelly Colin	SCO	66.40

71.	Meffan Patrick	NZL	66.44
72.	Segris Gilles	FRA	66.46
73.	Jamoulle Patrick	BEL	66.46
74.	Morse Eric	USA	66.51
75.	Zoubek Zdenek	CZE	66.52
76.	Forster Paul	NZL	66.53
77.	Wosik Daniel	POL	66.54
78.	Deugoaz Andrzej	POL	67.05
79.	Ince Bahattin	TUR	67.10
80.	Mesner Andrej	SLO	67.38
81.	Perez Pedro	MEX	67.47
82.	Helmle Peter	HUN	67.48
83.	Michiels Pascal	BEL	67.53
84.	Strobl Helmut	GER	68.06
85.	Dubois Jean-P.	BEL	68.10
86.	Colburn Dennis	CAN	68.13
87.	Mroz Wojciech	POL	68.16
88.	Verrington Dan	USA	68.18
89.	Zornic Jusuf	BIH	68.24
90.	Vaughan Alun	WAL	68.25
91.	Bolt Richard	USA	68.27
92.	Matos Fernando	POR	68.29
93.	McNeilly Deon	NIR	68.32
94.	Villeneuve Philippe	CAN	68.37
95.	Zepak Yusuf	TUR	68.39
96.	Hunt Andrew	WAL	68.49
97.	Zarnik Sebastjan	SLO	68.50
98.	Dziuba Bogdan	POL	68.51
99.	Davies Phil	SCO	68.52
100.	Ervin Ryan	CAN	68.53
101.	Wakelin Michael	NZL	68.57
102.	Carty Neil	NIR	69.03
103.	Lioschin Andrei	BLR	69.11
104.	Baier Tibor	HUN	69.13
105.	Istace Jose	BEL	69.16
106.	Ervine Brian	NIR	69.24
107.	Lenton Tim	SCO	69.26
108.	Subic Marko	SLO	69.31
109.	Gutierrez Leopoldo	MEX	69.36
110.	Kelly Michael	IRE	69.58
111.	Macina Gianluigi	SMR	70.05
112.	Page Steven	AUS	70.07
113.	Tobin Shaun	WAL	70.23
114.	Yavuz Ahmet	TUR	70.28
115.	Kreba Matej	SLO	70.47
116.	Bracegirdle Tom	SCO	70.57
117.	Hofstra Klass-Jan	NED	71.05
118.	Lamour Jean	BEL	71.11
119.	Zsigovits Tamas	HUN	71.35
120.	Sherpa Dachhiri	NEP	72.10
121.	Gutierrez Simon	USA	72.16
122.	Owen Gwynfor	WAL	72.21
123.	Gniewek Jaroslaw	POL	72.34
124.	Greene Owen	SCO	72.40
125.	Ridolfi Stefano	SMR	73.45
126.	Azzopardi Peter	MLT	73.49
127.	Cegar Goran	YUG	74.11
128.	Arnott Gareth	NIR	74.49
129.	Jurkevitch Evgeni	BLR	75.02
130.	Brennan Alex	NIR	75.56
131.	Misovic Zdravko	YUG	76.09
132.	Ostorozecki Ferenc	HUN	76.45
133.	Markovic Zoran	YUG	77.20
134.	Taylor Simon	NIR	77.33
135.	Fortune Bernard	IRE	78.00
136.	Malonovits Jozsef	HUN	78.02
137.	Halliday Robin	WAL	78.46
138.	Benamri Abderazak	MON	79.09
139.	McAulliffe Michael	IRE	79.14
140.	Kojine Petr	RUS	79.26
141.	Zafferani Matteo	SMR	79.46
142.	Koslov Egor	BLR	80.05
143.	Reidy Willie	IRE	81.12
144.	Cook Jack	CAN	81.42
145.	Agankov Dmitri	BLR	82.06
146.	Piperski Zlatko	YUG	83.42
147.	Sagi Zsolt	HUN	87.51
148.	Terenzi William	SMR	88.50
149.	Popov Mikhail	RUS	136.0

SENIOR MEN TEAMS

1.	Italy	(5,8,9,15)	37
2.	Slovakia	(6,7,13,29)	55
3.	France	(2,10,24,25)	61
4.	Germany	(17,19,26,30)	92
5.	Austria	(11,21,23,41)	96
6.	England	(4,14,40,47)	105
7.	Czech.R	(12,28,38,58)	136
8.	Switzerland	(18,31,51,62)	162
9.	New Zealand	(1,52,57,71)	181
10.	Portugal	(27,34,59,66)	186
11.	Turkey	(22,45,61,79)	207
12.	Mexico	(3,20,81,109)	213
13.	Australia	(16,42,60,112)	230
14.	USA	(32,68,74,88)	262
15.	Slovenia	(46,63,80,97)	286
16.	Poland	(53,77,78,87)	295
17.	Belgium	(55,73,83,85)	296
18.	Scotland	(39,70,99,107)	315
19.	Wales	(69,90,96,113)	368
20.	Ireland	(37,110,135,139)	421
21.	Canada	(86,94,100,144)	424
22.	N.Ireland	(93,102,106,128)	429
23.	Hungary	(82,104,119,132)	437
24.	Belarus	(103,129,142,145)	519
25.	San Marino	(111,125,141,148)	525
26.	Yugoslavia	(127,131,133,146)	537

SENIOR WOMEN

1.	Demidenko Svetlana	RUS	56.16
2.	Confortola Antonella	ITA	54.15



3.	Zatorska Izabela	POL	54.44
4.	Burt Mona	NZL	55.12
5.	Guillot Isabelle	FRA	55.43
6.	Crumpton Shireen	NZL	56.09
7.	Baronchelli Angela	ITA	56.13
8.	Mudge Angela	SCO	56.35
9.	Guerra Liliann	ECU	56.42
10.	Gassman Daniela	SUI	56.49
11.	Ortiz Anita	USA	56.57
12.	Pichrtova Anna	CZE	57.02
13.	Rota Gelpi Rosita	ITA	57.08
14.	Brindley Tracy	SCO	57.21
15.	Raux Corinne	FRA	57.30
16.	Salvini Vittoria	ITA	57.32
17.	Chabran Nathalie	FRA	57.38
18.	Schoner Ellen	GER	57.44
19.	Heinzle Cornelia	AUT	57.49
20.	Sadkova Irena	CZE	57.57
21.	Linder Romy	GER	58.03
22.	Moon Melissa	NZL	59.05
23.	Mayr Andrea	AUT	59.06
24.	Lallemand Cath.	BEL	59.25
25.	Docouto Anne	FRA	59.42
26.	Matyasova Pavia	CZE	60.11
27.	MacDonald Carline	NZL	60.21
28.	Spiess Erika	SUI	60.37
29.	Hizar Ines	SLO	60.54
30.	Buss Stefanie	GER	60.55
31.	Kapuscinski Marion	AUT	61.03



32.	Pickvance Ruth	ENG	61.25
-----	----------------	-----	-------

33 Rueda-Opplinger Fabiola	SUI	61.30
34 Bryan Julie	USA	61.38
35 Jurisic Veronika	CRO	61.49
36 Lilley Elizabeth	ENG	62.13
37 Distefano Kari	USA	62.26
38 Scharrer Andrea	GER	62.35
39 Ozcan Birgul	TUR	62.40
40 Heyes Lisa	ENG	62.41
41 Zivko Anica	SLO	62.52
42 Kavaklioglu Ebru	TUR	62.54
43 Twardochleb Barbara	POL	62.58
44 Chacha Rosalba	ECU	63.05
45 Czuta-Pakosz Irena	POL	63.07
46 Hajkova Renata	CZE	63.15
47 Sharpe Louise	ENG	63.22
48 Petrie June	AUS	63.24
49 Magauer Johanna	AUT	64.11
50 Olejarova Silvia	SVK	64.33
51 Bretherick Sam	WAL	65.06
52 Sustarsic Mateja	SLO	65.12
53 Guerra Wilma	ECU	65.15
54 Fairfax Louise	AUS	65.52
55 Asikoglu Gulsen	TUR	65.54
56 Kimball Nikki	USA	66.01
57 Rae Jennifer	SCO	66.15
58 Wojtowicz Anna	POL	66.16
59 Sloan Tricia	NIR	66.35
60 Froment Sabine	BEL	67.07
61 Shelekhova Larissa	RUS	67.27
62 Agafonova Kseniya	RUS	67.48
63 Sink Petra	SLO	68.20
64 Wilson Lyn	SCO	68.23
65 Zeizeva Ekaterina	BLR	69.27
66 Clark Susan	AUS	69.29
67 Nerubenko Valentina	RUS	69.50
68 Todd Mari	WAL	70.35
69 Cinnamon Nicola	IRE	70.43
70 Gosling Brooke	CAN	71.10
71 O'Kane Shileen	NIR	71.23
72 Hannon Blaitthin	IRE	71.44
73 Kovacs Fatima	HUN	72.00
74 Turner Emma	WAL	72.16
75 Gruter Monika	SUI	72.46
76 Landuyt Evelien	BEL	73.43
77 Tamaskovits Adrienn	HUN	73.48
78 Gormley Oria	IRE	74.16
79 Matyas Eniko	HUN	74.19
80 Weber Mariana	MON	75.00
81 Grocholskaja Alla	BLR	76.37
82 Meszaros Marta	HUN	77.58
83 McCausland Hazel	NIR	79.11
84 McDonnell Roisin	IRE	80.06
85 Galbraith Clare	NIR	81.15
86 Crowley Emily	WAL	84.40
Moreiras Lucinda	POR	DNF
Melicherova Ludmila	SVK	DNF

SENIOR WOMEN TEAMS

1. Italy	(2,7,13)	22
2. New Zealand	(4,6,22)	32
3. France	(5,15,17)	37
4. Czech R.	(12,20,26)	58
5. Germany	(18,21,30)	69
6. Switzerland	(10,28,33)	71
7. Austria	(19,23,31)	73
8. Scotland	(8,14,57)	79
9. USA	(11,34,37)	82
10. Poland	(3,43,45)	91
11. Ecuador	(9,44,53)	106
12. England	(32,36,40)	108
13. Slovenia	(29,41,52)	122
14. Russia	(1,61,62)	124
15. Turkey	(39,42,55)	136
16. Belgium	(24,60,76)	160
17. Australia	(48,54,66)	168
18. Wales	(51,68,74)	193
19. N.Ireland	(59,71,83)	213
20. Ireland	(69,72,78)	219
21. Hungary	(73,77,79)	229

JUNIOR MEN

1 Scaini Stefano	ITA	50.45
2 Kreisinger Jan	CZE	51.18

3 Dorszynski Grzegorz	POL	51.32
4 Toninelli Antonio	ITA	51.44
5 Erben Libor	CZE	52.07
6 Galler Michael	GER	52.31
7 Kosovelj Mitja	SLO	52.52
8 Orlandi Luca	ITA	53.02
9 Symonds Joseph	ENG	53.03
10 Peter Kastelic	SLO	53.03
11 Lamovec Peter	SLO	53.08
12 Zac Dariusz	POL	53.20
13 Pitertsev Mikhail	RUS	53.46
14 Jahn Matthias	GER	54.16
15 Urbanovsky Martin	SVK	54.25
16 Baier Heiko	GER	54.45
17 Mason James	ENG	54.51
18 Schuh Reinhard	AUT	54.53
19 Veresov Alexander	RUS	54.55
20 Bee Graham	SCO	55.04
21 Dold Thomas	GER	55.12
22 Pasko Eduardo	USA	55.23
23 Arslan Orhan	TUR	55.39
24 Rinaldi Marco	ITA	55.53
25 Belko Michal	SVK	55.58
26 Turner Colm	IRE	56.25
27 Krebs Ramon	SUI	56.41
28 Unterrader Stefan	AUT	57.05
29 McGaughran Lyndon	NZL	57.10
30 Moravec Martin	CZE	57.27
31 Kopp Herbert	AUT	57.30
32 Burne Morgan	NZL	57.32
33 Little Robert	ENG	57.35
34 Kus Bartlomiej	POL	57.41
35 Bulut Erdal	TUR	57.47
36 Prosser Matthew	NZL	58.06
37 Longmore Craig	IRE	58.15
38 Rusinov Dmitri	RUS	58.48
39 Marko Tratik	SLO	58.57
40 Rainer Thomas	AUT	59.05
41 Kalenda Jan	CZE	59.09
42 Hanlin Trevor	USA	59.33
43 Gurmin Daniel	WAL	59.39
44 Smith Max	NZL	59.45
45 Winter Matt	USA	59.51
46 Topkara Ali	TUR	60.09
47 O'muircheartaigh S.	IRE	60.29
48 Yildirim Selcuk	TUR	60.49
49 Egerton Tim	ENG	61.11
50 Macaulay Donald	SCO	61.24
51 Zatorski Witold	POL	62.01
52 Foltin Andrej	SVK	62.08
53 Ott Balazs	HUN	63.06
54 Williams Gwyn	WAL	64.02
55 Jones Owain	WAL	64.02
56 Schmidt Dustin	CAN	64.40
57 Felske Dale	CAN	64.58
58 Doran James	IRE	65.01
59 Tappe Gareth	WAL	65.27
60 Gill Eogham	NIR	66.16
61 Kovacs Zsolt	HUN	66.59
62 McCann Philip	NIR	68.43
63 Lukacsi Balint	HUN	69.00
64 McCloy Jonathan	NIR	76.57

JUNIOR MEN TEAMS

1. Italy	(1,4,8)	13
2. Slovenia	(7,10,11)	28
3. Germany	(6,14,16)	36
4. Czech R.	(2,5,30)	37
5. Poland	(3,12,34)	49
6. England	(9,17,33)	59
7. Russia	(13,19,38)	70
8. Austria	(18,28,31)	77
9. Slovakia	(15,25,52)	92
10. New Zealand	(29,32,36)	97
11. Turkey	(23,35,46)	104
12. USA	(22,42,45)	109
13. Ireland	(26,37,47)	110
14. Wales	(43,54,55)	152
15. Hungary	(53,61,63)	177
16. N. Ireland	(60,62,64)	186

JUNIOR WOMEN



1 Ivanova Victoria	RUS	21.00
2 Vetsch Lea	SUI	21.10
3 Reisinger Lisa	GER	21.18
4 Sandbichler Maria	AUT	21.29
5 Erisimis Turkan	TUR	21.45
6 Karakoe Yeter	TUR	22.00
7 Kosovelj Mateja	SLO	22.13
8 Beltrando Michela	ITA	22.14
9 Doll Juliane	GER	22.1
10 Stafa Agnieszka	POL	22.19
11 Murrthy Demelza	NZL	22.22
12 Spindler Christin	GER	22.30
13 Heinze Friederike	AUT	22.34
14 Sampietro Cecilia	ITA	22.46
15 Meszaros Szilvia	HUN	22.56
16 Naider Jane	NZL	22.56
17 Dossena Sara	ITA	22.59
18 Mochalova Joulia	RUS	23.00
19 Partyka Patrycja	POL	23.05
20 Wasle Carina	AUT	23.24
21 Hawitt Karrisra	ENG	23.25
22 Gorska Malgorzata	POL	23.27
23 Vseteckova Lenka	CZE	23.34
24 Ptackova Lenka	CZE	23.37
25 Kiss Melinda	HUN	23.48
26 Blake Sarah	SCO	23.50
27 Dogru Saire	TUR	23.53
28 Cant Lucy	NZL	23.56
27 Hruzova Andrea	SVK	24.19
30 Pechkova Jana	CZE	24.31
31 Ingram Katie	ENG	24.32
32 Hruzova Zuzana	SVK	24.33
33 Draksler Petra	SLO	24.34
34 Williams Helen	WAL	24.34
35 Pitzer Jessica	USA	24.43
36 Hodgson Nicole	USA	24.45
37 Rodmell Kelly	ENG	24.49
38 Podrecca Tea	SLO	25.02
39 Nep Adrien	HUN	25.04
40 Shiell Marbeth	SCO	25.08
41 Morgan Ffion	WAL	25.09
42 Marts Melissa	USA	25.42
43 Shantz Stacy	CAN	26.06
44 Curtis Briony	SCO	26.13
45 Harrison Fiona	WAL	26.40
46 Battiglia Rhonda	CAN	27.54

JUNIOR WOMEN TEAMS

1. Turkey	(5, 6)	11
2. Germany	(3, 9)	12
3. Austria	(4, 13)	17
4. Russia	(1, 18)	19
5. Italy	(8, 14)	22
6. New Zealand	(11, 16)	27
7. Poland	(10, 19)	29
8. Hungary	(15, 25)	40
9. Slovenia	(7, 33)	40
10. Czech R.	(23, 24)	47
11. England	(21, 31)	52
12. Slovakia	(29, 32)	61
13. Scotland	(26, 40)	66
14. USA	(35, 36)	71
15. Wales	(34, 41)	75
16. Canada	(43, 46)	89

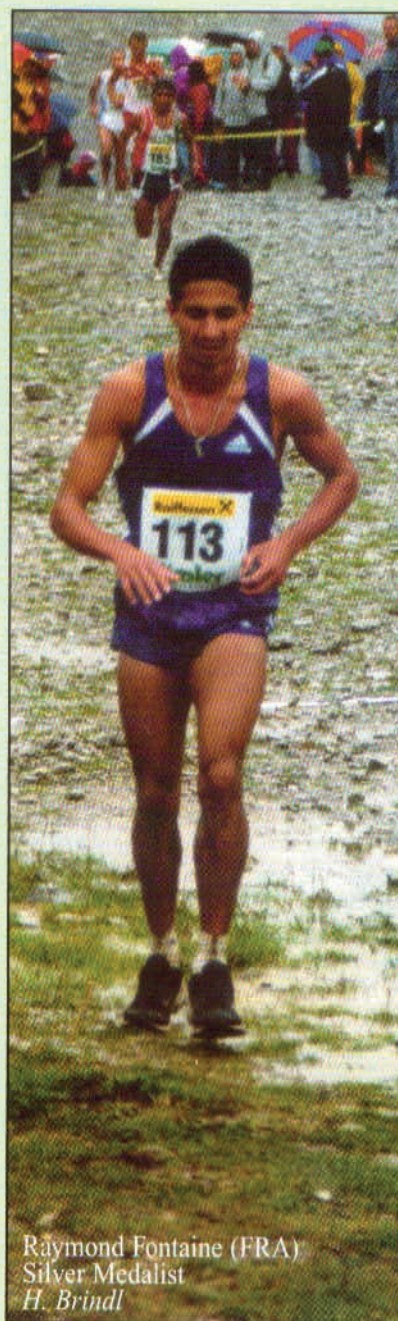
Izabela Zatorska (POL),
Bronze Medalist.
T. Sarf



WORLD TROPHY



Sabine Froment
(BEL) 60th
Wouter



Raymond Fontaine (FRA)
Silver Medalist
H. Brindl



Johanna Magauer
(AUT) 49th
H. Brindl

Antonella
Confortola (ITA)
2nd
T. Sarf



New Zealand stars - Melissa Moon (2001 champion)
& Jonathan Wyatt. *T. Sarf*

Y - MEMORIES



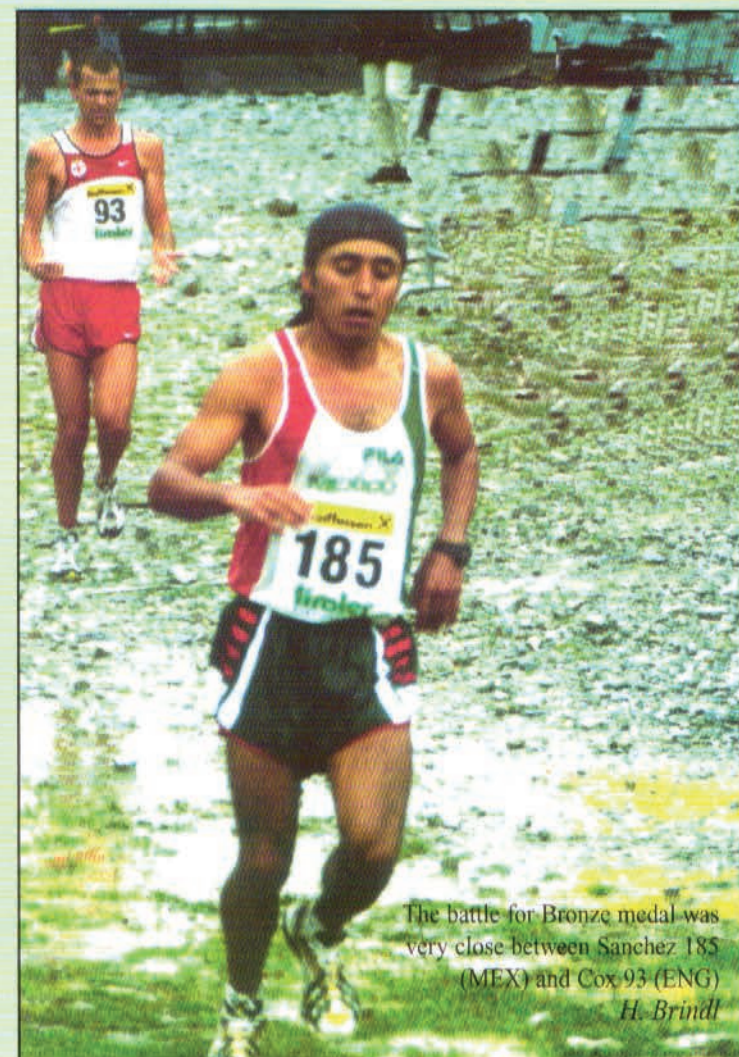
Isabelle Guillot (FRA). Four times world champion - 5th T. Sarf



Junior men: 169 Scaini (ITA) 124 Baler (GER) 328 Arslan (TUR) Wouter



Womens Start
H. Brindl



The battle for Bronze medal was very close between Sanchez 185 (MEX) and Cox 93 (ENG)
H. Brindl

2002 World Mountain Running Trophy - Innsbruck (Austria)

Report provided for publication in the IAAF magazine by Danny Hughes

The 18th edition of the world mountain running trophy attracted a record number of 35 countries including for the first time athletes from Mexico, Ecuador, Nepal, Croatia, Bosnia, and Turkey.

The 4 races for men, women and juniors were staged on the beautiful Tyrolean mountains overlooking the city of Innsbruck.

The opening race for junior women (4km & 334m ascent) produced the first major surprise of the weekend. 14 year old Victoria Ivanova (RUS) beat defending champion Leah Vetsch (SUI) by 10 seconds and newcomers Turkey lifted the team trophy just one point ahead of Germany.

For the remaining 3 races, all the favourites, both individual and team took their expected gold medal positions. Italy won the team titles by comfortable margins and remain unassailable with their strength in depth under the expert guidance of coach and team leader Raimondo Balicco.

Stefano Scaini (ITA) delivered Italy's only individual gold medal in retaining his championship title in his last year as a junior. Stefano, also a fine athlete in cross country (3rd in 2001 European championships) surely has a bright future in athletics whichever endurance discipline he decides to follow in the senior ranks.

European mountain running champion Svetlana Demidenko (RUS) continued her winning ways in demolishing the womens opposition which included current champion, Melissa Moon (NZL), and past champions Isabela Guillot (FRA), Angela Mudge (GBR), Rosita Rota Gelpi (ITA), and Rueda Fabiola (COL, now SUI). Her winning margin over cross country ski expert, Antonella Confortola (ITA) was 2 minutes on the tough 9.2km, 1000m ascent course.

New Zealand looked likely to upset the Italian domination, threatening to take the team with Burt Moana 4th and Shireen Crumpton 6th, but their champion Melissa Moon trailed in an inexplicable 21st.

Whilst the Saturday races were blessed with blue skies and sunshine, the men had to face a mountain blanketed in heavy mist and rain on Sunday. This was cruel luck for the TV coverage because soon after the event the weather cleared again and remained sunny for days afterwards. However, the dull weather did not detract from a sparkling performance by Jonathan Wyatt (NZL) who came home to win by the astonishing margin of 3 minutes 34 seconds over the 11.7km & 1,331m ascent course to the Seegrube. This was Wyatt's 3rd successive world mountain running title in uphill only races and follows closely on his fine run in the commonwealth marathon when he was placed 6th. Ex junior champion Raymond Fontaine (FRA) continues to improve his position in the senior ranks by taking silver. Bronze medal position went to newcomer Ranulfo Sanchez, proving that Mexico have mountain runners capable of challenging the best in the world as he hung on to beat Martin Cox of England by just 2 seconds.

WMRA Associate Membership

One of the main objectives of WMRA is to strengthen our ties with international mountain races. We do this by offering to include these races in the WMRA calendar and encouraging a high standard of organisation and competition. Associate membership is compulsory for WMRA Grand Prix races. Applications for membership from other international race organisers is always welcome, but the following entry qualifications should be met:

Criteria for Associate Membership:

1. The race must have been staged on at least two consecutive previous years.
2. Dope testing procedures, in accordance with IAAF rules, must be complied with if requested by your national athletic federation.
3. The race must be registered with and sanctioned by your national athletic federation.
4. The WMRA secretary must be provided with all race details and a copy of the previous years and current results.
5. If required by WMRA, one of their council members may attend the race for the purposes of reporting. Accommodation will be paid for by the race organisation.

Advantages of Associate membership:

1. Access to a worldwide network of the top mountain races
2. Increased interest in your event from the worlds best mountain runners.
3. Publication of your race details in the official WMRA calendar which is published in many places, including the IAAF directory & calendar.
4. Permission to use the WMRA logo on all race material.

Applications for Associate Membership:

Supply the following information, in typewritten form, and post it to the WMRA treasurer:

Name of event - date - distance - ascent - descent - race records - race directors details. (If the womens race is different from the men, then give these details also.)

Provided your application is accepted, you will be billed for the membership fee of \$50 US, giving various options for payment method. Since calendars are finalised in October for the following year, members need to join before that month in order to publicise any race that is to take place in the following year.

WMRA Grand Prix 2002**Final Ranking**

GG = Grabs, Gamperney, SD = Sauze d'Oulx, GA = Girdwood, Alaska,

CS = Challenge Stellina, WT = World Trophy, SMG = Smarna Gora

Best 3 results counted.

Two races required to appear in the final ranking

		<u>GG</u>	<u>SD</u>	<u>GA</u>	<u>CS</u>	<u>WT</u>	<u>SMG</u>	<u>Races</u>	<u>Points</u>
Men									
1	Jonathan Wyatt	NZL	-	-	100	100	100	3	300
2	Martin Cox	ENG	100	-	85	80	-	3	265
3	Marco Gaiardo	ITA	-	75	90	75	80	4	245
4	Antonio Molinari	ITA	90	85	70	60	-	4	245
5	Marco de Gasperi	ITA	-	100	-	55	90	3	245
6	Emanuele Manzi	ITA	-	90	-	25	85	3	200
7	Alexis Gex-Fabry	SUI	85	-	80	10	-	3	175
8	Paul Crake	AUS	-	-	75	20	75	3	170
9	Alan Bowness	ENG	60	-	25	-	45	3	130
10	Alessio Rinaldi	ITA	50	80	-	0	-	3	130
11	Marco Agostini	ITA	-	70	55	-	-	2	125
12	Florian Heinzle	AUT	65	-	-	45	-	2	110
13	Eckhard Wagner	GER	80	-	-	5	-	2	85
14	Gabriele Abate	ITA	-	20	35	-	-	2	55
15	Simone Lenzi	ITA	-	50	1	-	-	2	51
16	Tim Davies	WAL	5	-	40	0	-	3	45

Women

1	Angela Mudge	SCO	100	90	-	100	60	-	4	290
2	Izabela Zatorska	POL	90	-	-	90	85	100	4	280
3	Valentina Belotti	ITA	-	100	-	80	-	80	3	260
4	Lud. Melicherova	SVK	80	-	-	60	-	75	3	215
5	Romina Sedoni	ITA	-	75	-	70	-	-	2	145
6	Irena Czuta-Pakosz	POL	70	-	-	-	0	65	3	135
7	Andrea Priestley	ENG	50	70	-	-	-	-	2	120
8	Flavia Gaviglio	ITA	-	30	-	75	-	-	2	105
9	Natalie White	ENG	1	-	-	20	-	50	3	71
10	Deborah Cardone	ITA	-	10	-	40	-	-	2	50
11	A. Giordanengo	ITA	-	1	-	5	-	-	2	6

WMRA Grand Prix 2003**Rules**

1. The total amount of prize money on offer for the overall winners will be 10,000 Euros.
2. Participating races and WMRA will contribute equally to the prize fund and for 2003 this will be 1,428 Euros each.
3. Prize money (in Euros) will be distributed as follows:

Men:		Women:	
1.	1.500,00	1.	1.500,00
2.	1.250,00	2.	1.000,00
3.	750,00	3.	500,00
4.	500,00	4.	250,00
5.	450,00	5.	200,00
6.	400,00	6.	150,00
7.	350,00	7.	100,00
8.	300,00	8.	50,00
9.	250,00	9.	_____
10.	200,00	10.	_____
11.	150,00	11.	_____
12.	100,00	12.	_____
13.	50,00	13.	_____

4. There will be 6 international mountain races in the 2003 grand prix.
5. The overall grand prix result and world ranking list will be calculated from an

WMRA Grand Prix 2003

athletes best four results from the six races and prizes will be awarded according to this result.
6. An athlete must score in at least three races to be included in the final published results.

7. If athletes have the same number of points, their final position will be determined by reference to their highest race positions. Therefore, athletes with equal points, but one has a 1st position and the other has not, the athlete with the 1st position takes priority. If both have a first position, the next superior position is compared and so until a priority is obtained. If this method does not resolve the final positions, the prize money for the final positions will be added together and divided by the number of athletes involved.

8. The points awarded for each race will be as follows (the same for men and women):

1st 100, 2nd 80, 3rd 60, 4th 50, 5th 45, 6th 40, 7th 36, 8th 32, 9th 29, 10th 26, 11th 24, 12th 22, 13th 20, 14th 18, 15th 16, 16th 15, 17th 14, 18th 13, 19th 12, 20th 11, then decreasing in 1 point steps to 30th position 1 point.

9. Each race organiser must offer as a minimum, free entry and accommodation for at least one night (at least two nights for athletes with extra long journeys to make) for the top 10 men and top 10 women from the previous years ranking list.

See the WMRA 2003 Calendar for the 6 selected Grand Prix races.

Visit the WMRA web page for further details and links to races.

Borno:

For all athletes taking part in the Borno WMRA Grand Prix race who finished in the first 50 men and 30 women, in the 2002 World Trophy in Innsbruck the LOC offer:

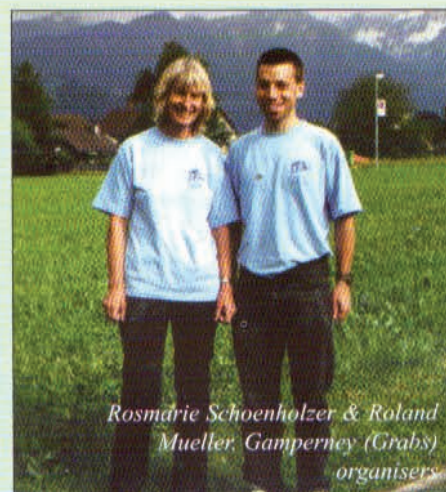
1. Free accommodation (meals excluded) for the period from before the Borno race on Saturday 21st to Thursday 3rd July just before the European championships, provided that they are entered for the championships.
2. Free transport from Borno to the European championship venue at Trento (Italy) commencing Friday 4th July.
3. The offer in 1 & 2 above is also extended to one manager per European championship team, and to 2 athletes (male, female or both the same sex) per country who do not qualify via performance in the 2002 World Trophy, but are entered in the European championships.
4. Free transport will be provided to reach Borno from Milan Malpensa, Milan Linate, or Bergamo Orio al Serio airports. airport for the above categories of entries.

5 For all other athletes, special rates for accommodation are available on application. They too will be transported free of charge to the European championships if they are entered.

Additional note. The European Athletic Association have offered financial travel support for one man and one woman from each European country to take part in the European mountain running championships in Trento. This support can be used to help travel to Borno, provided the athletes concerned then take up the above offer and continue on to Trento to take part in the championships.

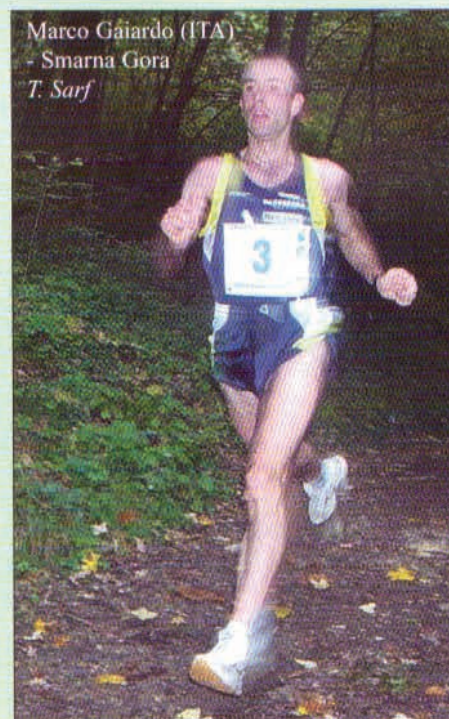
2002 GRAND PRIX

*Martin Cox
(Challenge Stellina)*



*Rosmarie Schoenholzer & Roland
Mueller, Gamperney (Grabs)
organisers*

*Marco Gaiardo (ITA)
- Smarna Gora
T. Sarf*



*Angela Mudge
(Gamperney - Grabs)*

Masters World Mountain Running Championships

The 2002 Masters Championships utilised the same mountain at Igls, used a week earlier for the World Trophy. The younger categories used the same course as the World Trophy senior ladies and junior men, so you may be interested to compare the times. The older categories started at a higher point on the mountain, where the world trophy junior ladies finished. The day was blessed with fine weather giving splendid views of the mountains surrounding Innsbruck. Three of the 2001 champions (starred in the table) repeated their success in 2002. Elmar Rizzoli, Ernst Kunz and their team of assistants well deserve the thanks expressed to them for their work in ensuring the success of the championships.



Medal table winners - Germany



Jiri Libra (Czech R.) M65



W35 Rueda-Opplinger Fabiola (SUI 3rd), Carline MacDonald (NZL. 1st), Jackie Hargreaves (ENG 3rd).

The Champions

Men

40-44	Bryson Robin	IRE	50.07
45-49	Senoner Hugo	ITA	53.36
50-54	Vello Giani	ITA	56.18
55-59	Reitmeir Helmut	GER	34.20
60-64	Schiber Kaspar*	SUI	35.13
65-69	Libra Jiri	CZE	40.18
70+	Mrozinski B.*	POL	46.32

Women

35-39	Macdonald C.	NZL	60.46
40-44	De Pay Gudrun	GER	60.22
45-49	Frotschnig Anni	AUT	68.16
50-54	Fairfax Louise*	AUS	65.31
55-59	Dwereasa Erika	AUT	46.36
60+	Wolf Barbara	GER	49.21

Medal Table

	Nation	Gold	Silver	Bronze
1	Germany	3	2	2
2	Austria	2	4	0
3	Italy	2	2	3
4	N.Zealand	1	1	0
4	Switzerland	1	1	0
6	Czech R.	1	0	2
7	Australia	1	0	1
8	Ireland	1	0	0
8	Poland	1	0	0
10	England	0	1	2
11	Slovakia	0	1	1
11	Scotland	0	1	1
13	USA	0	1	0

Number of Competitors per country (total 387)

Czech R.	(CZE)	78
Italy	(ITA)	60
Austria	(AUT)	53
Germany	(GER)	35
England	(ENG)	33
Slovakia	(SVK)	32
Slovenia	(SLO)	29
Poland	(POL)	25
Scotland	(SCO)	11
N.Zealand	(NZL)	5
USA	(USA)	5
Wales	(WAL)	5
France	(FRA)	4
Swiss,	(SUI)	4
Australia	(AUS)	2
Russia	(RUS)	2
Portugal	(POR)	1
Yugoslavia	(YUG)	1
Andora	(AND)	1
Ireland	(IRE)	1

Race Distance & Height Climb per category.

Men & Women age categories 35,40,45, 50 :
9.2 km & 1,044 m ascent.

Men and Women age categories 55 & older
5.0 km & 710 m ascent



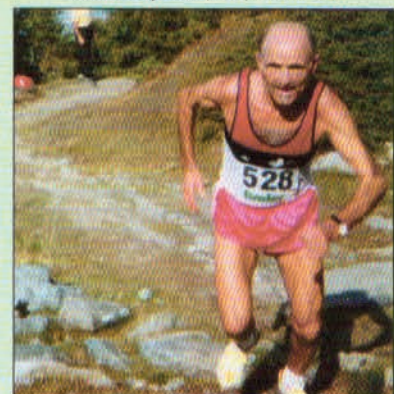
Louise Fairfax (Australia) W50 1st



Rosy Pattis (ITA) 2nd W50



Robin Bryson (IRL) M40 1st



Kasper Scheiber (SUI) M60 1st

Obituaries



Angelo De Biasi

Angelo De Biasi, the first president of WMRA (in the days when we were called ICMR) died during 2002.

Angelo was a leading figure in Italian mountain running for many years right up to the time of his death. He was always an innovative administrator looking for new avenues in which to develop the sport of mountain running.

One of his ambitions was realised after discussions with myself (Danny Hughes, at that time Chairman of the English fell runners association)) at an international mountain race in S.Giovanni Ilarione in July 1983 when an international committee to promote mountain running was proposed.

In April 1984, a further meeting with Angelo at the FIDAL headquarter in Rome gained the support of the Italian federation and some rules were discussed.

In September 1984, at an international mountain race in Zogno, the International Committee for Mountain Running (ICMR) was created with Angelo as its president (Danny Hughes was appointed secretary and Raimondo Balicco, WMRA council member also joined the committee) Angelo then continued as president until his retirement from the post in 1993 when he was elected 'honorary life president'. He will be sadly missed by the mountain running fraternity.



John Taylor

John Taylor, English international mountain runner, died during 2002, of a rare heart condition he was unaware of called cardiomyopathy.

His career amongst the worlds top mountain runners started in the 1988 world trophy in Keswick when he was junior bronze medallist. From then on he was a regular in the England team and made many appearances at international mountain races around the world. His full record in Trophy races is as follows:

1988 - 3rd (junior). 1990 - 21st (uphill). 1991 - 66th (uphill). 1992 - 27th (uphill)

1995 - 10th (up/down). 1998 - 38th (uphill). 2001 - 30th (up/down)

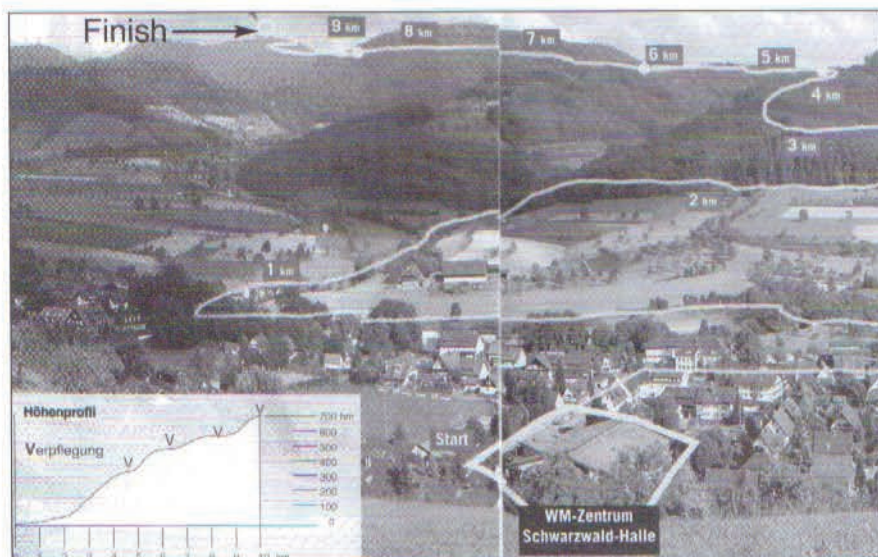
European Trophy results were 1999 - 28th (uphill). 2001 - 37th (uphill)

His former partner Kirstin Bailey has set up a charity to assist young athletes and to raise awareness and arrange screening for cardiomyopathy. Further details can be seen on the web page

'www.johntaylorfoundation.org.uk'

2003 Masters championships.

The 2003 Championships will take place in the Black Forest region of Germany at Harmersbach. Visit the web page via the link on the WMRA web page for full details. The 10km course is uphill only, and climbs 700m to Brandenkopf. It is a course used for past German championship races. If you do not have access to the internet, write to the organiser for the event programme and entry forms at the following address: 'TV Unterharmersbach, Alfred Siegesmund, Muhlweg 9, D-77736 Zell a.H. Germany'



4. Brandenkopf- Berglauf
www.brandenkopfberglauf.de

10 km / 700 hm

Weltmeisterschaft für Senioren

WMRA-Masters
 26.-28.9.2003
 World Mountain Running Championships
 Deutschland / Schwarzwald
 Germany / Black Forest

Alle Informationen
 All informations
 Toutes les informations
 Tutte le informazioni
 Wszystkie informacje

Örtlicher Ausrichter
 TV Unterharmersbach

16th Mt Kinabalu Climbathon Sabah - Malaysia

Anna Pichrtova (CZE), 2001 World Trophy silver medallist, picked up \$4,500 US in winning the race to the summit of 4,000m high Mt Kinabalu and back for the second year in succession, setting up a new record in the process.

Congratulations to Irene Benggon Charuruks, the event chairman for many years, and organising chairman of the memorable 1999 World Trophy, who has been honoured by being awarded the title of Datuk, the equivalent of 'Sir' in the English honours system.

Results: (Full results, reports, and details of the 2003 climbathon can be seen on the web page, accessible via the link on the WMRA page)

Men

1.	Augusti Roc Amador	ESP	2.41.21
2.	Bruno Brunod	ITA	2.42.13
3.	Jean Pellisier	ITA	2.44.33
4.	Guianus Salangan	MAS	2.54.17

Women

1.	Anna Pichrtova	CZE	3.11.04
2.	Corinne Favre	FRA	3.18.48
3.	Danny Kulin Gongot	MAS	3.27.08
4.	Elom Binti Unding	MAS	3.30.32



WMRA International Mountain Running Calendar 2003

24th May	24th Smarna Gora International Race	Ljubljana	Slovenia
25th May	19th Gamperney Berglauf	Grabs	Switzerland
22nd June	4th Trofeo Valle Camonica (1st WMRA GP)	Borno	Italy
6th July	2nd European Mountain Running Championships	Trento	Italy
7th July	Vail Hill Climb & USA Championship race	Vail	USA
20th July	3rd Grossglocknerlauf (2nd WMRA GP)	Heiligenblut	Austria
3rd August	13th Schlickeralm-Berglauf (3rd WMRA GP)	Telfes	Austria
17th August	21st Matterhornlauf (4th WMRA GP)	Zermatt	Switzerland
24th August	15th Challenge Stellina (5th WMRA GP)	Susa	Italy
31st August	2nd Trofeo Montagne Olimpiche	Sauze d'Oulx	Italy
20th September	19th World Mountain Running Trophy	Girdwood Alaska	USA
27th September	3rd Masters World Mountain Running Champs	Harmersbach	Germany
4-5th October	16th Mt. Kinabalu Climbathon	Sabah	Malaysia
5th October	30th Hochfeln-Berglauf (6th WMRA GP)	Bergen	Germany
26th October	46th Trofeo E. Vanoni (relay international)	Morbegno	Italy

Your event may be included in this calendar by registering (provided it meets certain conditions) as a WMRA Associate race.

PROFILE OF A JUNIOR CHAMPION **STEFANO SCAINI - ITALY**

WORLD TROPHY JUNIOR GOLD MEDALIST 2001 & 2002

Stefano dreams of representing Italy at the highest level and of Olympic glory.

Why not? His performances in endurance athletic disciplines as a junior (he was born in 1983 in Udine) are outstanding. His current personal bests are:

8 minutes 21 seconds for 3km, 14m 26s for 5km, 30m 29s for 10km, 64m 49s for the half

marathon. He has now represented Italy, in the junior ranks, on the track, the road,

and cross country in addition to

mountain running. He is a European

championship junior bronze medallist in

cross country (2001) and was 5th in 2002.

His outstanding victories in mountain races,

through all the junior age categories, have

been the spur that has driven him on to take his

athletic career seriously. This is his last year at

high school, and on completion of his studies it will

be necessary to earn a living. His dilemma will be to

find enough time for the training that will be

necessary to achieve his goals. His present training is

under the direction of his club (Atletica Brugnera

Dall'Agnese) coaches Stefano Chiabai and Gabriele

Rosa. He usually trains twice a day. A light training

session in the afternoon followed by another harder

session in the evening. His favourite method of

training is to go for long runs alone through the woods.

Stefano is a naturally physically strong person, but

he also has great mental resolve. He says that it is

mountain running that has given him the mental

toughness to perform well in cross, road and track

running. He is very hard on himself once he sets

himself a goal.

His mountain running successes have

been very satisfying and he will

continue with his mountain running in the

future. However he is now ambitious to

succeed on the track because it is there that

his dreams may best be realised.

Like all Italians he loves food and cooking, also

all kinds of music. He has now set himself a

goal. In his own words 'I have no limits. I want

to follow in the steps of the best Italian runners

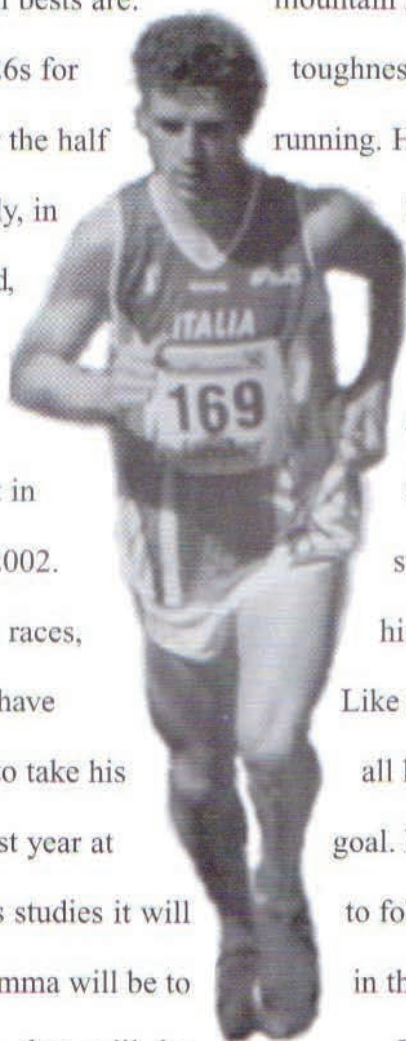
in the world and go to the Olympic Games'

When he achieves this ambition, we, the

mountain running fraternity, will be proud of him,

and of the fact that our sport has helped him on his

way.



PROFILE OF A CHAMPION SVETLANA DEMIDENKO - RUSSIA

World Champion 2003. European Champion 2001 & 2002

Svetlana was born in 1976, in the small town of Arzamas on the river Tesha in the Nijinii Novgorod region - a region without mountains - where she still lives with husband Alexander whom she married in 2000. They both work in an 'Apparatus Plant' and Svetlana is employed in the factories sports club as an instructor of sport.

Why mountain running?

She became interested in mountain running in 1999 when her coach, Vladimir Jouravlev suggested she compete in the Russian mountain running championship in St.Petersburg, which she won.

International mountain running record

She did not make the long journey to Sabah for the World Trophy that year, but she did run the European Trophy to finish a promising 6th place.

In 2000 she again confined herself to the European Trophy, this time moving up to 4th place. 2001 saw Svetlana register her first major victory by winning the European Trophy, and in the World Trophy, 4th position behind the very strong trio of Moon, Pichrtova and Zatorska.

In 2002 she became the undisputed ladies mountain running champion as she won on the up/down course of the European Championship and the uphill only course of the World Trophy.

Athletic Record

Her potential to reach the top in endurance athletics can be seen from a brief summary of her achievements

She began taking part in athletics in 1987 at the age of 11 years and by 1993 had set a Russian record for 5km in the 16-17 age group of 16m 20s. She went on to win the 21km (half marathon) Russian junior championships.

Her times for road races in 2002 are impressive. 10km (Portugal) 30.18; a half marathon victory (Portugal) in 1.13.47; a 10 mile in 58.25 and a marathon in 2.29.56. She has taken no interest in track running for the last 5 years.

Training Regime

Svetlana laughed when asked how she managed to train in the cold Russian winter, and joked 'I put on a warm cardigan (tyelagryeyka), felt boots (valenki), old fashioned Russian dress, and go running in the snow'. However as the weather improves in March/April she spends 3 to 4 months training in

the mountain regions of Kislovodsk and the Caucasus. Her training under the guidance of coaches Vladimir and Tatiana Jouravlevi is a mixture of high mileage, speed work, uphill sessions, special practice in downhill running, and work in the gymnasium.

Future plans

Defence of her European and World titles will be a priority for 2003. She hopes that the strength gained by mountain running competition will enable her to run even faster at the marathon distance.

Honours

She has not represented Russia in other athletic disciplines yet. However she is a recognised and celebrated sporting hero in her home town. Her European victory in 2001 was rewarded with a flat in which to live, and the title of 'Master of Sport at international level'

Her 2002 victories brought the reward of a car presented by the Mayor of Arzamas and at the same time she was given official recognition in the town

with an honorary title.

In April this year the Russian minister for sports will be award Svetlana with the highest sporting title of 'Honoured Master of Sport'

It is gratifying that the sport of mountain running and the work of WMRA in promoting international competition has helped Svetlana in her athletic career and brought her such rich rewards.



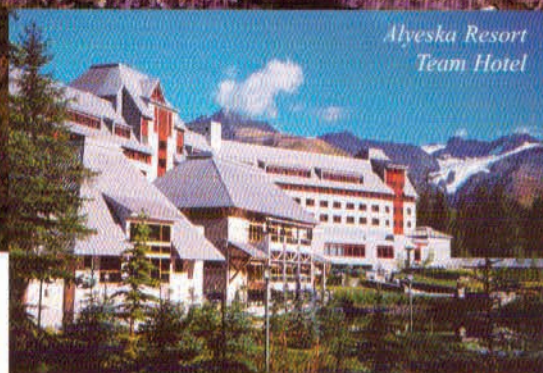
Photo: H. Brindl



Run with it

SEPT. 18-21, 2003

MT. ALYESKA IN GIRDWOOD,
ALASKA, U.S.A.



*Alyeska Resort
Team Hotel*

Join the World Mountain Running Trophy when it makes its first North American stop on the slopes of Mt. Alyeska, outside of Anchorage, Alaska, U.S.A. Some 400 athletes representing more than 30 nations are expected to compete on the 4.25-km junior womens, 8-km junior mens and senior womens and 11.5-km senior mens courses. There also will be open races on all three courses that feature cumulative elevation gains/losses of 285 m (940), 620 m (2,046) and 900 m (2,970) respectively.

WWW.WMRT2003.ORG

Email: akmtnrun@hotmail.com

Mail: World Mountain Running Trophy 2003

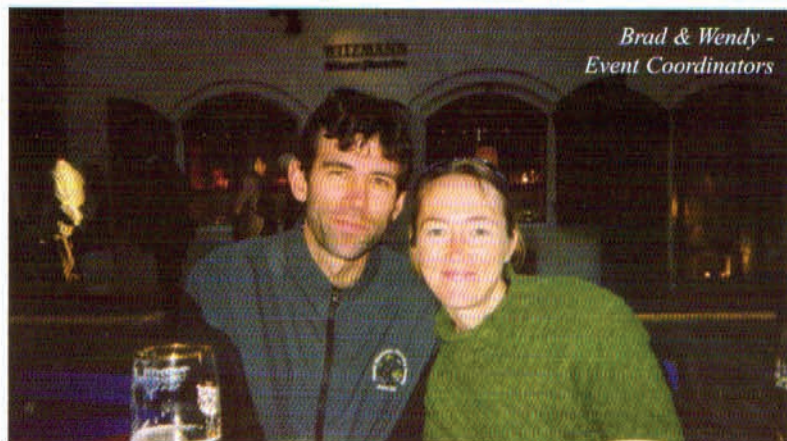
Organizing Committee

c/o Alaska Mountain Runners

P.O. Box 11-1713

Anchorage, AK 99511, U.S.A.

Telephone: (country code) + 907-345-1857



*Brad & Wendy -
Event Coordinators*

