



2024 VALSIR MOUNTAIN RUNNING WORLD CUP

Event Race Name	Country	Category	#	Date	Distance & Elevation +/-
Broken Arrow Uphill	USA	Uphill	1	Friday, 21 June	6.8km, 954m+/-
Broken Arrow Skyrace	USA	Long	2	Sunday, 23 June	23km, 1533m+/-
Grossglockner Mountain Run	Austria	Classic	3	Sunday, 7 July	13.3km, 1300m+, 183m-
Montemuro Vertical Run	Portugal	Classic	4	Sunday, 14 July	10.4km, 1098m+/247m-
La Montee du Nid D'Aigle	France	Classic	5	Saturday, 20 July	20km, 1950m+, 450m-
Giir di Mont	Italy	Long	6	Sunday, 28 July	32km, 2400m+/-
Sierre Zinal	Switzerland	Long	7	Saturday, 10 August	31km, 2200m+ / 1100m-
Vertical Nasego	Italy	Uphill	8	Saturday, 31 August	4.2km, 1000m
Trofeo Nasego	Italy	Classic	9	Sunday, 1 September	21.5km, 1336m+, 1039m-
Šmarna Gora Race	Slovenia	Classic	10	Saturday, 5 October	10km, 710m+ / 350m-
World Cup Final Lagunc KM Verticale	Italy	Uphill	11	Saturday, 12 October	3.2km 1000m+
World Cup Final Val Bregaglia Trail	Italy	Long	12	Sunday, 13 October	23km 900m+ 1000m-



Women's Results Classification

				Country:													Total	
				USA	USA	AUT	POR	FRA	ITA	SUI	ITA	ITA	SLO	ITA	ITA			
				Category:													Total	
Position	First Name	Last Name	Team / Country	YOB	Gen.:	race#1	race#2	race#3	race#4	race#5	race#6	race#7	race#8	race#9	race#10	race#11	race#12	ALL
1	Joyce Muthoni	Njeru	KEN	1997	F	50	50											100
2	Allie	McLaughlin	USA	1990	F	35	30											65
3	Jade	Belzberg	USA	1992	F	16	42											58
4	Tabor	Hemming	USA	1997	F	18	35											53
5	Rachel	Tomajczyk	USA	1993	F	23	23											46
6	Anna	Gibson	USA	1999	F	42												42
7	Abby	Lock	USA	1996	F	20	18											38
8	Hali	Hafeman	USA	1991	F	30												30
9	Sydney	Petersen	USA	1999	F	10	20											30
10	Daniella	Moreno	USA	1992	F		26											26
11	Jessica	Brazeau	USA	1991	F	26												26
12	Sarah	Carter	USA	1999	F	4	16											20
13	Danielle	Marquette	USA	1984	F	8	10											18
14	Amanda	Basham	USA	1989	F	6	8											14
15	Ellyse	Tingelstad	USA	2003	F	14												14
16	Karley	Rempel	USA	1993	F		14											14
17	Dayna	Stimson	USA	1990	F		12											12
18	Meg	Mackenzie	FRA	1986	F	12												12
19	Megan	Lacy	USA	1994	F	1	6											7
20	Rachel	Mow	USA	1995	F		4											4
21	Andie	Cornish	USA	2001	F	2	1											3
22	Christine	Lundy	USA	1970	F		3											3
23	Jazmine	Lowther	CAN	1992	F	3												3
24	Sammy	Smith	USA	2005	F		2											2



Men's Results Classification

				Country:														Total
				USA		USA	AUT	POR	FRA	ITA	SUI	ITA	ITA	SLO	ITA	ITA		
				Category:		uphill	long	classic	classic	classic	long	long	short up	long	classic	short up	long	
Position	First Name	Last Name	Team / Country	YOB	Gen.:	1	2	3	4	5	6	7	8	9	10	11	12	ALL
1	Patrick	Kipngeno	KEN	1993	M	50	50											100
2	Eli	Hemming	USA	1995	M	26	42											68
3	Meikael	Beaudoin-Rousseau	USA	2000	M	35	26											61
4	Philemon	Ombogo Kiriago	KEN	2002	M	20	35											55
5	Jim	Walmsley	USA	1990	M	42												42
6	Remi	Leroux	CAN	1997	M	23	18											41
7	Christian	Allen	USA	1997	M	30	8											38
8	Taylor	Stack	USA	1999	M	8	30											38
9	Darren	Thomas	USA	1993	M	14	12											26
10	Hawk	Call	USA	1999	M		23											23
11	Andrew	Douglas	GBR	1986	M	1	20											21
12	Ryan	Becker	USA	1994	M	18												18
13	Cade	Michael	USA	1998	M	3	14											17
14	Cameron	Smith	USA	1996	M	16												16
15	Sam	Hendry	USA	1999	M		16											16
16	Najim	Mahmoud	USA	1997	M	12												12
17	David	Sinclair	USA	1992	M	10												10
18	Talon	Hull	USA	1999	M		10											10
19	Brian	Eimstad	USA	1993	M	6												6
20	Jeshurun	Small	USA	1998	M		6											6
21	Grant	Colligan	USA	1996	M		4											4
22	Petter	Engdahl	NOR	1994	M	4												4
23	Abraham	Hernández Cruz	MEX	1996	M		3											3
24	Joseph	Demoor	USA	1990	M	2												2
25	Kieran	Nay	USA	1998	M		2											2
26	Dylan	Humberger	USA	2000	M		1											1