



1. NACAC Mountain and Trail Running Championships

Saskatchewan Landing Provincial Park, SK, Canada

September 16, 2023

10km Championship Race - Women				
10km with 420m elevation +/-		YOB	TEAM	TIME
1	Gabrielle Orié	1999	USA	47:22.4
2	Megan Lacy	1994	USA	48:45.7
3	Care Nelson	1984	CAN	49:39.2
4	Courtney Barnes	1995	USA	50:04.3
5	Yenni Susano Bermúdez	1984	MEX	50:38.3
6	Jessica Kaiser	1987	CAN	51:33.1
7	Karley Rempel	1993	CAN	52:55.3
8	Bridget Klein	1983	USVI	59:29.6
9	Lauren Kryschuk	1998	CAN	1:01:39.2
10	Sonia Ivet González Quiroz	2003	MEX	1:03:00.4
TEAMS	Top 2 per country score		POINTS	
1	USA (1, 2)		3	
2	CANADA (3, 6)		9	
3	MEXICO (5, 10)		15	

10km Championship Race - Men				
10km with 420m elevation +/-		YOB	TEAM	TIME
1	Liam Meirow	1995	USA	40:42.3
2	Justino Luz Coronado	1990	MEX	41:24.3
3	Jesus Quiroz de la Cruz	2005	MEX	41:51.1
4	Miguel Angel Lopez Carranza	2004	MEX	43:50.5
5	Christopher Lévesque-Savard	1998	CAN	43:52.9
6	Eric Hamel	1997	USA	44:27.2
7	Jordan Macintosh	1989	CAN	44:42.8
8	Jeffrey Stern	1987	USA	44:57.3
9	Greg Hetterley	1997	CAN	45:16.6
10	Brendan Neely	1990	CAN	48:03.7
DNS	Moises Martinez Peralta	1995	MEX	DNS
DNS	Juan Bolanos	2001	ESA	DNS
DNS	Kevin Centeno	2004	ESA	DNS
DNS	Hugo Miron	1994	ESA	DNS
TEAMS	Top 2 per country score		POINTS	
1	MEXICO (2, 3)		5	
2	USA (1, 6)		7	
3	CANADA (5, 7)		12	

50km Championship Race - Women				
50km with 2255m elevation +/-				
1	Sarah Biehl	1993	USA	5:10:26.0
2	Shannon Penway	1989	CAN	5:21:37.0
3	Kristina Randrup	1990	USA	5:30:27.3
4	Carmen Trinidad Ramiro Allende	1991	MEX	5:36:36.5
5	Catrin Jones	1979	CAN	5:39:37.8
6	Gina Tranquada	1985	CAN	6:00:54.4
7	Ashley O'Hara	1991	CAN	6:06:15.1
TEAMS	Top 2 per country score		POINTS	
1	USA (1, 3)		4	
2	CANADA (2, 5)		7	

50km Championship Race - Men				
50km with 2255m elevation +/-				
		YOB	TEAM	TIME
1	Chris Balestrini	1992	CAN	4:11:25.6
2	Adam Sjolund	2001	USA	4:30:47.8
3	Miguel Ángel Pérez Alvarado	1993	MEX	4:35:38.1
4	Daniel Button	1986	USA	4:39:06.0
5	Aubrey Myjer	1994	USA	4:39:55.1
6	Mitchell Valic	1996	CAN	4:50:01.0
DNF	Simon Widmann	1992	CAN	DNF
DNF	Seth Marcaccio	1995	CAN	DNF
DNS	Juan Belman Ortiz	1993	MEX	DNS
TEAMS	Top 2 per country score		POINTS	
1	USA (2, 4)		6	
2	CANADA (1, 6)		7	